



Health and Human Services in Practice Workshop

Job retention is particularly difficult within the human service field. Join a panel of industry experts as they discuss what it's really like to work in the mental health field with the goal to aid job retention and support staff within the mental health community.

Based on the results of survey conducted through the Regional Planning Consortium of the Conference of Local Mental Hygiene Directors, content of this workshop will address:

- What to do in an emergency - effectively responding to crises
- Mentorship - creating a support network among peers to find solutions
- Theory versus practical application - what is taught in school is the framework but may not be relevant to all who are entering the workforce
- Self-advocacy - being a partner and collaborator with your employer on what you need

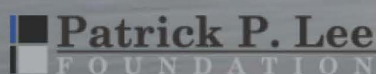
Audience: Current students and those who recently entered the field in the last 5 years

Friday, August 28th, 2020
1:00pm -4:00pm
(Training will be held via Zoom)
Cost: Free



Register Here: <https://bit.ly/33y5Hh3>

Sponsored by the Patrick P. Lee Foundation with support from D'Youville



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Questions? Contact AnneMarie Haumesser, AVP for Philanthropy and Engagement
cuccia@dyc.edu or 315.404.0652 (cell)

MEET THE TRAINERS

KIRSTEN VINCENT

Kirsten Vincent PhD, LMHC has been working in the Health and Human Services field for over 26 years, having started her career with OPWDD programs, working with young children and their families and eventually with older youth and their families as they transitioned toward adulthood post-secondary education. Kirsten transitioned into working solely in the mental health field, but it was through her own personal struggles with mental health that Kirsten discovered peer services and her passion for supporting others through peer services. In early 2015 Kirsten was hired at Housing Options Made Easy to write the program for their Short-Term Peer Run Crisis Respite and Warmlines and is still with Housing Options today as the Interim CEO. Kirsten also does work as a staff development trainer and community education trainer as well as a teacher. Kirsten's beliefs in strength of personal recovery and the resilience of others is the foundation of her passion for peer services, and the driving force behind the work she does.

LINDSEY RICKARD

Lindsey Rickard is a Licensed Mental Health Counselor and the Director of Training and Clinical Innovation at BestSelf Behavioral Health. She holds a Bachelor of Arts degree in Psychology with a specialization in Human Services from Daemen College. In 2012, she earned her Master of Arts in Mental Health Counseling from Medaille College. She has over ten years of experience in the behavioral health field, having worked in mental health and substance use outpatient programs, as well as, residential care settings. She has worked with a wide range of clients during her career and has a current focus on integrated care and treatment for personality disorders using her comprehensive training in Dialectical Behavior Therapy. Over the past two years, she has held a position as an adjunct professor for the Clinical Mental Health Counseling program at Medaille College. Her current training focus areas are on leadership development, staff wellness, and trauma-informed care.

MICHELLE SCHEIB

Michelle Scheib, is a senior peer specialist at BestSelf Behavioral Health and has over 12 years' experience working in the Behavioral Health field. Michelle enjoys helping others, working with other peers to learn the concept / values of being a peer, Benefits, Housing & keeping safe in the workplace. Michelle has presented at The New York State Peer conference on Certified Community Behavioral Health Clinics and peer services. Michelle came up with Mental Health Awareness Flash Mob that was held on May 22, 2013 and has grown over the years.

GAIL E. MCKEE

Gail E. McKee is a Director of Programs with twenty-six (26+) years of experience working for Restoration Society, Inc., a not-for profit Rehabilitation and Recovery Centered agency serving individuals with mental health conditions. Gail specializes in developing and overseeing new programs and is responsible for educating other employees on person centered services, peer recovery philosophies, supported employment and other program services. She is a Certified Benefits Advisor through Cornell University and works with her teams to provide quality and effective services assisting individuals to be productive members of the community that they reside in. Gail is inspired daily by her significant other John, her son and step daughter as well as her other furry family members. In her free time, Gail likes to go for motorcycle rides, camp, crochet and garden.